

IN-BETWEEN TREATMENT GUIDELINES

What to do between and after your laser hair
removal appointments.

Please carefully read and follow the advice outlined below and get in touch
if you have any questions or queries.

PLEASE DO:

- » Do apply an ice-pack on the treated area to reduce pain, discomfort or irritation.
- » Do apply aloe vera gel or calming creams for 3 days after the treatment.
- » Do wear loose clothes to avoid friction on the treated area for 48 hours.
- » Do keep treated area clean and dry for 48 hours.
- » Do drink plenty of water.
- » Do use at least SPF 50 sunscreen with Zinc for at least 2 weeks.

ALTHOUGH VERY RARE, THERE MAY BE POSSIBLE ADVERSE REACTIONS IMMEDIATELY AFTER THE TREATMENT, SUCH AS:

- » Excessive pain.
- » Excessive persistent erythema (redness of the skin caused by increased blood flow).
- » Oedema (swelling caused by fluid retention).
- » Blistering (raised portion of the skin that is filled with fluid).
- » Bruising or marking of the skin in the shape of the crystal.
- » Grey / ash colour forming or the skin appears puckered.
- » Skin appearing puckered.

THERE MAY BE FURTHER ADVERSE REACTIONS BETWEEN 4 AND 12 HOURS AFTER TREATMENT, SUCH AS:

- » Certain sensitive areas may cause swelling (oedema).
- » The treated skin will be sensitive and fragile and therefore could tear when rubbed
- » There may be a small risk of scarring. Hyper/hypopigmentation and loss of some of the skin surface (epidermal erosion) may occur; however, the risk is minimised if sunscreen (SPF 50 or greater) with Zinc is used.
- » Prolonged itching may occur but keep the area cool and apply aloe vera gel or calming creams.

In order for treatment to be successful and effective with minimal potential
adverse effects as possible, you must follow the aftercare routine as indicated.

KIVA SKIN
LASER HAIR REMOVAL
WWW.KIVASKIN.CO.UK